



fundraising NEWS

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Lungs for Living laboratory refurbishment

The Lungs for Living Research Centre opened in October 2015 after a six month period of refurbishment. This refurbishment was funded in part by an appeal led by UCL Hospitals Charitable Foundation. We would like to say thank you to everyone who has supported this project.

Lungs for Living has created a world leading, cutting-edge Research Centre for lung cancer and aims to support the research taking place there. Lung cancer is the most lethal cancer in Britain killing 35,000 people a year. To bring it in line with survival rates of other cancers, it is imperative that research into lung cancer is significantly increased.

UCLH and UCL are recognised Centres of Excellence in lung cancer research, with a reputation of being at the forefront of discovery and clinical excellence. We have a rich history in pioneering treatments, running studies and national lung cancer trials.

The Lungs for Living Research Centre has been set up to bring a strong team of researchers together in well equipped, modern laboratories. By doing so, we can maximise and speed up making significant advances in understanding the causes of lung cancer and finding new ways to treat it.



At work in the new laboratory (above) Krishna Kolluri, PhD student and (top) Kate Gower, Research Associate

One of the research projects due to begin at the Lungs for Living Research Centre is investigating a pioneering cell therapy that scientists hope will transform the treatment of lung cancer. The treatment uses stem cells taken from bone marrow that have been genetically modified to find and destroy cancer cells. Patients at UCLH will be the first in the world to receive this therapy. Lung cancer patients currently face one of the worst survival rates amongst cancer patients, with only 5% of those diagnosed surviving beyond 10 years. If successful this treatment will offer new hope to cancer patients and their families.



Professor Sam Janes, who is leading the cell therapy research at UCLH said: **“Lung cancer is very difficult to treat because the vast majority of patients are not diagnosed until the cancer has spread to other parts of the body. If clinical trials are successful, our treatment could be transformative for the treatment of lung cancer, and possibly other types of tumour in future.”**

The Research Centre will pioneer new treatments for lung cancer such as this in the coming years and UCL Hospitals Charitable Foundation will continue to support the cutting edge research of Professor Janes and his team into the future.



If you would like to make a donation towards this work please do so by filling in the donation form on the back page of this newsletter and selecting ‘Lungs for Living’. Thank you.

Supporting children with cancer at UCH Macmillan Cancer Centre

It has been more than three years since the UCH Macmillan Cancer Centre opened its doors. During that time UCL Hospitals Charitable Foundation has continued to help fund projects at the Cancer Centre. We are currently working with the Therapies Team to secure funding to roll out a Holistic Needs Assessment for paediatric cancer patients.



The impact of a cancer diagnosis on children and families can be immense. To help our young patients and their families access the best treatment and support, the Therapies Team conduct a Holistic Needs Assessment within the first four weeks of diagnosis. This questionnaire helps to support patients with their medical treatment and also identifies and addresses any physical problems linked to care. It provides an opportunity to explore any emotional difficulties as a result of treatment and its ongoing effects, and helps patients to access other professionals such as psychologists, physiotherapists and dieticians.

We are seeking funds to be able to assess the Holistic Needs Assessment tool to acquire sufficient evidence to roll the service out wider. Any donations will help children and families to receive the support they need during an extremely difficult time.

If you'd like to make a donation towards the Holistic Needs Assessment please tick the 'Therapy Services' box on the donation form on the back page of the newsletter when returning your gift. Thank you.

Royal Parks Half Marathon

We are very grateful to our runners who took part in the Royal Parks Half Marathon on Sunday 11th October. It was a gloriously sunny Autumn

day, and with almost 16,000 people taking part the atmosphere was truly fantastic.

Simon Evans who took part in the run said afterwards, "I thought it was a fantastic day. I managed to get round in 2 hours 6 minutes which was OK given a dodgy knee but I am hoping to go under 2 hours next time! It was a great experience – it was my first time running the race and I thought the scenery was brilliant and the crowd was one of the loudest I've heard during a race. I would definitely love to do it again and was glad to raise some money for a great cause at the same time."

Our six runners raised money for several of our projects, and so far they have raised more than £1,000.

We are delighted that we have places for the Royal Parks Half Marathon that will take place in October 2016. Please contact Hannah Persaud at hannah.persaud@uclh.nhs.uk for more information.



Simon Evans

Thank you to regular givers!

We would like to say a huge thank you to everyone who donates to UCL Hospitals Charitable Foundation on a regular basis via standing orders/direct debit. We would also like to thank all UCLH staff who use the payroll giving scheme to donate to us.

Through the support of regular givers we are able to continue to fund vital research, equipment and building work across the UCLH campus. These fundraising projects all help to ensure that UCLH NHS Foundation Trust remains one of the highest ranking NHS Trusts in the country.

If you would like to donate to us on a regular basis via standing order/direct debit or payroll giving, please contact Shirley Featherstone on 020 3447 9558 or at shirley.featherstone@uclh.nhs.uk for more information.



British 10k London

On Sunday 12th July, 12 people took part in the British 10k, raising money to support a variety of our projects across the Trust.



All of the feedback that we had about the day was extremely positive. Everybody had a wonderful time and talked about the fantastic atmosphere. Each year more than 20,000 people take part in this run, and the support of the crowds make it a run to remember.



The British 10k London run is one of the most iconic routes in England, and takes place on car free roads through London, past some of the world's most famous sights including St Paul's Cathedral, the London Eye, Big Ben, the Houses of Parliament, Trafalgar Square and Westminster Abbey.

Dr Rupali Arora (pictured above) who works in Cellular Pathology at UCLH, told us "The 10k run was awesome fun, the weather was perfect too! It didn't rain and the light breeze helped. This was my first 10k and I finished it in 1 hour 24 minutes."

We have places available for the British 10k London on Sunday 10th July 2016. Please contact Hannah Persaud on hannah.persaud@uclh.nhs.uk for more information.

Young Person's Outpatients Ward (T11 Fund)

The Activity Co-ordinators on the Young Person's Unit (YPU/T12) not only support the patients on ward T12 but also spend time with 'day case' patients on ward T11. These patients can be suffering from long term illnesses but attend the hospital only for outpatient treatment.

Frenchesca James, Activity Co-ordinator for the YPU/T12 and the young outpatients on T11, explained that the unit would really benefit from having some DVD players, DVDs, games and general entertainment, to keep the day case patients occupied whilst they are receiving their treatment. Patients frequently have to stay put in a bed or chair for long periods of time whilst having treatment administered, which can be quite difficult for them. Offering a distraction in the way of a DVD or game would really help to occupy the patients and improve their experience of being on the ward.

If you would like to help us purchase DVDs and general entertainment items for young patients, please tick the 'Young Person's Outpatients/T11 Fund' box on the form on the back page of the newsletter to make a donation. Thank you.



The Richmond Running Festival

We were delighted to have five people taking part in the Richmond Running Festival on Sunday 6th September. Three people ran the half marathon, and two people ran the 10k. We are very grateful to our runners who raised much needed funds for various departments at UCLH.

Richard Smith (pictured far right), Deputy Security Advisor at UCLH NHS Foundation Trust, has managed to raise more than £1,100 for the UCH Macmillan Cancer Centre.

Richard said, "I really enjoyed the run, the event seemed to be very well organised and managed, and there was a lot of good support for all the participants. I would highly recommend it to any future fundraisers as a great day." Since speaking to Richard we are delighted that he has agreed to run the London Marathon on our behalf in 2016. Thank you Richard!

Tabatha Penny (pictured right) and her boyfriend Alex Chaize, took part in the 10k to raise money for the UCH Macmillan Cancer Centre.

Tabatha said, "I took part in the Richmond 10k to raise funds for UCL Hospitals Charitable Foundation as a way to say thank you to the nurses who looked after my dad when he was treated at the UCH Macmillan Cancer Centre. Their support was amazing and my dad is now on the mend thanks to the specialist care and treatment he received at UCLH. The organisation of the event was seamless, we really enjoyed it. I'd definitely do it next year! Kew gardens were beautiful in the morning sunshine."



Tabatha Penny



Richard Smith

Julie Gray was delighted to complete the half marathon. It was the first half marathon that she has ever taken part in, and she said that she had a good time and was delighted to finish the run. Well done Julie!

It is the support of people like Richard, Tabatha, Alex and Julie, that enables us to continue raising funds for projects and research across UCLH, improving the lives of patients.

Thomas Cook Children's Charity shows support

The Young Person's Unit at UCH are delighted to have benefitted from a grant from the Thomas Cook Children's Charity. The donation given to UCL Hospitals Charitable Foundation will enable young patients, many of whom have prolonged stays on the ward, to take part in many activities such as creative workshops, baking sessions and pizza & movie nights. The grant also provided two laptops which patients can use to communicate with friends and family and to keep up with their school work.

Cheryl Morgan, from the Thomas Cook Children's Charity, visited the ward in September during Play Week. She was impressed by the work led by Activity Coordinators Frenchesca James and Jenika Bhudia. Cheryl said, "It was wonderful listening to them both speak so passionately about their job and about the young people they help. I'm happy to have been part of the process that made this funding possible to UCL Hospitals Charitable Foundation."



UCL Hospitals Charitable Foundation recently provided some new craft resources for the ward including mosaic kits, screen printing sets and silk painting equipment.

New Asthma research programme launches

There are over 5 million people with asthma in the UK and the causes are still unknown. For 250,000 people, current treatment is not effective, meaning that their lives are severely affected.

In keeping with its reputation for excellence and ground-breaking research, UCLH has launched a new asthma research programme. It aims to investigate new treatments with a view to helping people with severe asthma. Although the majority of patients can control their asthma symptoms with a combination of steroids and beta agonists, there is still a large group of people whose asthma remains symptomatic despite the best available treatment.

Professor Douglas Robinson has set up UCLH's first severe asthma service, having joined the hospital as a consultant in Thoracic Medicine. The severe asthma clinic sees patients at the Royal National Throat, Nose and Ear Hospital (part of UCLH) where patients can be assessed over a two day period by respiratory consultants, a clinical nurse specialist, a

physiotherapist, a psychologist and a dietician. Patients then spend a further day at UCLH where lung function is monitored, a CT scan is conducted, bone density is measured and physiotherapy is reviewed. This data is collated and reviewed regularly and a tailored asthma management plan is made for every patient.

The data from these clinics provides UCLH with the opportunity to conduct clinical trials and help develop new treatments for patients struggling with severe asthma.

To help Professor Robinson be able to run trials and give patients access to these novel treatments, we are fundraising for a Research Nurse to join his team. The nurse will support patients during the trial.

To support this project please tick the 'Severe Asthma Research Nurse' option on the back page of this newsletter when you make a donation.

Congratulations to Dan Burridge for running the London Marathon!



Dan Burridge and his mother

On Sunday 26th April, 2015, Dan Burridge successfully completed the Virgin London Marathon. Raising more than £1,500 for the UCH Macmillan Cancer Centre, this was a fantastic achievement. Dan ran the marathon in honour of his mother who received treatment at UCLH, and bravely battled cancer for 12 years.

We would like to say a huge thank you to Dan for his commitment to supporting our work, and congratulations on an amazing accomplishment.

Legacies and In Memoriam Donations



At UCL Hospitals Charitable Foundation we are very grateful to those who choose to leave us a gift in their Will, or to make a donation to us in memory of a loved one. By choosing to leave a legacy or by making a donation in honour of someone who has passed away, our supporters enable us to continue helping UCLH NHS Foundation Trust deliver cutting edge research and first-class patient care. There are many ways in which a memoriam gift can be left, from setting up a tribute page to asking friends and family to make a donation instead of giving flowers at a funeral or memorial service. If you would like to discuss leaving a gift in your Will, or how to leave an In Memoriam gift, please contact Shirley Featherstone on **020 3447 9558** or at shirley.featherstone@uclh.nhs.uk.



DON'T MISS THESE FANTASTIC EVENTS FOR 2016

1

Vitality North London Half Marathon Sunday 20th March 2016



The Vitality North London Half Marathon is described as a race for everyone, from the likes of 2015's official starter Mo Farah to the first-time runner, creating a race

experience like no other! This unique 'Stadium to Stadium' race starts and finishes at the spectacular Wembley Stadium. It follows a route through leafy North London streets on the way to Allianz Park in Barnet, home of the Saracens Rugby Club. From there participants turn back towards Wembley for an epic stadium finish and a well-earned goody bag and winner's medal!

For this run we are asking participants to each raise a minimum of £100.

3

Ben Nevis Weekend Trek – Friday 10th June - Sunday 12th June 2016



Ben Nevis (Gaelic translation 'Mountain of Heaven') is the highest point in Scotland and the British Isles, standing at the lofty height of 1343m (roughly 4000ft). Fort William, on the southern edge

of the Great Glen and located on a sea loch, is your base for the weekend. This is a long, arduous uphill trek which will provide you with a wonderful sense of achievement when you reflect on what you have done.

For this challenge participants are required to pay a £75 registration fee and then raise a minimum of £550.

At UCL Hospitals Charitable Foundation...

...we rely on the generosity of our supporters to raise money to fund our projects. Taking part in an event is a wonderful way to not only challenge yourself and realise a personal goal, but also to raise awareness about our work at the same time. We are hugely grateful to our fundraisers, who come from all walks of life, some of them accomplishing things that they would never have dreamed possible. In 2016 we have an exciting programme of events lined up, from treks to cycle rides to runs.

Below are just a few of the fantastic events that we have lined up for the coming year, please visit our website at www.uclhcharitablefoundation.org.uk to see what else we have planned.

We hope that you will consider signing up to one of our events, helping us to continue investing in our projects whilst making 2016 a year to remember. Thank you to everybody who has taken part in our events so far, and to those considering supporting us in this way in the future.

Night Rider Saturday 4th June 2016

2

Taking in over 50 of London's famous landmarks, Nightrider London is a unique way to explore the capital. Whilst London sleeps, 2,500 cyclists will raise money for projects. Highlights of the ride include Queen Elizabeth Olympus Park, Tower Bridge, Canary Wharf, Piccadilly Circus, Trafalgar Square, the Royal Opera House and the London Eye.



You can choose from 100km or 60km route, and we have places for two teams of five riders, so please contact us quickly to avoid disappointment. For this ride we are asking participants to each raise a minimum of £175.

4

Classic Cols of the Tour de France – Thursday 23rd June - Monday 27th June 2016

Awaiting you are spectacular views of mountain peaks, alpine valleys and hanging glaciers to make the long twisting climbs worthwhile! Your challenge ends with two of the toughest and most renowned ascents in the region: the demanding Col du Galibier and the steep hair-pin bends of Alpe d'Huez. Conquering these mountains will earn you a life-long sense of achievement and give you something in common with the most elite cyclists in the past 100 years! This is a very strenuous challenge and you will need to train extremely hard to succeed.

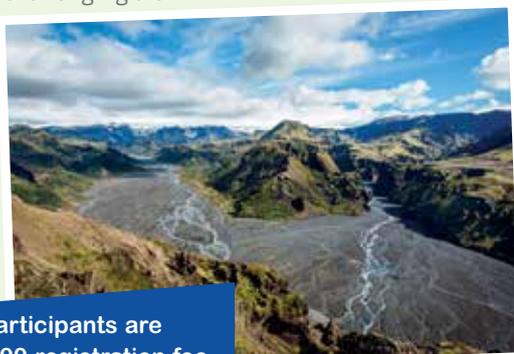


For this challenge participants are required to pay a £149 registration fee and then raise a minimum of £1,600.

5

Icelandic Lava Trek – Wednesday 6th July - Sunday 10th July 2016

Iceland is a land of incredible contrast and beauty. Its wild volcanic landscapes, mountains, glaciers, hot springs, geysers and waterfalls, combined with its rich history, literature and folklore make it a fascinating country to explore. Your challenge takes you from the active Mt Hekla to Landmannalaugar and then south through the mountains to the permanent icecaps of Myrdals and Eyjafjallajokull. This is a tough and challenging trek through a remote and wild environment – and presents a rare opportunity to witness a changing landscape.



For this challenge participants are required to pay a £199 registration fee and then raise a minimum of £2,000.

6

Inca Trail to Machu Picchu – Saturday 29th October - Monday 7th November 2016

Machu Picchu is one of the most iconic sights in South America, and the culmination of our magnificent Inca Trail trek through the Peruvian Andes. You will trek this breathtakingly beautiful route through valleys and high passes, scattered with fascinating Inca ruins. Trekking on Inca-paved paths and steps, your route takes you up through lush cloudforest to the demanding Dead Woman's Pass (4200m). Continually climbing up or dropping down, the way is steep at times, and the altitude adds to the challenge. You will finally come to the Sun Gate, which overlooks Machu Picchu, where your first magical glimpse provides an unforgettable reward for your efforts.



For this challenge participants are required to pay a £399 registration fee and then raise a minimum of £4,000.

Charitable Trusts and Foundations

Charitable Trusts and Foundations make a vital difference to our work and have a pivotal role in helping UCL Hospitals Charitable Foundation to support a wide variety of projects across UCLH NHS Foundation Trust.

The UCL Hospitals Charitable Foundation is keen to build on existing and new partnerships with organisations that share our vision. While flexible, unrestricted donations enable us to provide help where the need is greatest, we are committed to meeting the needs of our Trust supporters, and will be happy to work in partnership to identify suitable aspects of

restricted funding and provide appropriate project details. Naming opportunities for significant projects exist, and we are happy to discuss long-term support, including funding spread over several years.

If you are a Trustee, or have links with a Trust or Foundation for which you feel UCL Hospitals Charitable Foundation is an appropriate beneficiary, we would be delighted to hear from you.

To discuss how we might work together in the future, or to request further details on our work, please contact Kate Tanner on kate.tanner@uclh.nhs.uk.

DONATION FORM

Please support UCL Hospitals Charitable Foundation

Name _____

Address _____

Postcode _____ Email _____

I would like my donation to support:

- Lungs for Living
- Fetal Medicine Unit/Obstetrics
- The UCH Macmillan Cancer Centre
- The Young Person's Unit/T12
- GI Cancer Clinical Trials Unit
- Sarcoid
- Young Person's Outpatients/T11 Fund
- Severe Asthma Research Nurse
- Learning Disability Services
- Therapy Services

Request for information (tick appropriate box)

- I would like information about making a regular donation
- I would like information about leaving a bequest in my Will
- I am not on your mailing list for the newsletter but would like to receive it in future
- I would like information about payroll giving
- I would like to receive information about events

I enclose a donation of £ _____
(state amount)

**Please make cheques payable to
"UCL Hospitals Charitable Foundation"**

To make a donation by credit or debit card please call **020 3447 9558**

GIFT AID DECLARATION – MAKING YOUR GIFT GO FURTHER

giftaid it

- I want my donation to be eligible for Gift Aid.**
I am a UK tax payer and I pay an amount of income tax or capital gains tax at least equal to the tax that the charity will reclaim on my donations in the tax year. I understand that other taxes such as VAT and Council Tax do not qualify and that UCL Hospitals Charitable Foundation will reclaim 25p of tax on every £1 that I give.

Signed _____

Date _____

**Please send your completed form to UCL
Hospitals Charitable Foundation, 3rd Floor East,
250 Euston Road, London NW1 2PG**

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