

fundraising NEWS

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Cancer Centre Opens to the Public

The UCH Macmillan Cancer Centre opened its doors to patients for the first time on 2nd April 2012, offering the most advanced service of its kind in the UK.

Five years ago UCLH commissioned Hopkins Architects to design a world class Cancer Centre with uplifting interior atria and gardens that would provide exemplary care for patients and whole family support services. Fundraising for this incredible building started not long after, and in 2009 Skanska started to build the Cancer Centre.

The build was completed in 120 weeks and the cancer centre opened on schedule, providing patient care for the first time in April 2012.

The UCH Macmillan Cancer Centre is the first of its kind in the NHS and redefines the way patients are treated, using the best diagnostic and treatment techniques to improve survival rates. Every detail has been designed around the needs of individual patients with more focus on the best treatments, well-being, rehabilitation and cancer survivorship.

Since the Cancer Centre opened its doors we have received an overwhelmingly positive response from patients about the new services. This amazing building was only possible because of the support of people like you, and UCLH Charitable Foundation cannot thank you enough for your continued support, commitment and generosity. Thank you.



Cabaret Dinner at The Dorchester Celebrates Cancer Centre Opening

Almost four hundred guests attended an event at The Dorchester on Wednesday 25th April to celebrate the opening of the UCH Macmillan Cancer Centre, which opened its doors to its first patients at the beginning of April. The event, organised by a small committee and the staff of UCLH Charitable Foundation, was a huge success and raised over £100,000 on the night through an auction, a raffle and a series of pledges for equipment for the Cancer Centre.

The event was hosted by Angela Rippon, who introduced a series of 'Stars' throughout the evening. Marvin Berglass, a first class magician, left onlookers at the champagne reception amazed at his magic tricks. Opera Up Close kicked off the cabaret entertainment, diners were then serenaded by Stephen Triffitt as Frank Sinatra followed by Martyn Dias who performed as Elvis. Bruce Airhead, a street theatre entertainer, held the audience in awe with a set involving a giant green balloon.

The musical entertainment was rounded off with three formidable world-class acts, Nikki Lambourne, Woman and the Leo Green Experience Band.



The highlight of the evening was the Auction, with Charlie Ross from BBC TV's 'Flog It', as the auctioneer. His energy, enthusiasm and expertise as an auctioneer along with the audience's generosity raised a huge amount for the Cancer Centre. Wonderful auction prizes such as a holiday on the West Coast of Barbados, a Town and Country holiday in Charleston, USA, a trip on the Orient Express and dinner for 20 at Crosby Hall all raised five figure sums.

The Raffle, with generously donated prizes which included, a meal for four at 'The Clink' restaurant, Britain's first restaurant in a prison; Clive Christian's No. 1, the world's most expensive perfume; a 10 night stay in Barbados and a trip on the first cable car across the Thames, raised over £6,000.

Guests also pledged over £14,000 towards equipment which was still needed for the centre. These funds have gone towards the purchase of blood pressure monitors, reclining chemotherapy chairs, defibrillators, centrifuge bench mounted blood machines, a cytotoxic chemotherapy incubator, ECG machines, a blood analyser and an anaesthetic machine.

This was a wonderful evening and a fitting celebration to thank all of those involved, from those who conceived the original plan for the Cancer Centre to those who helped deliver it by contributing funds and creating a world class facility, which will benefit cancer patients for years to come.

Celebration of Living



Dina and her nurse Sylvia Hachem

On Tuesday 17th July an intimate ceremony in the Winter Garden at UCH Macmillan Cancer Centre was held, to celebrate the incredible commitment of cancer patient Dina Lazarus to raising money for the Cancer Centre. Diagnosed with stage 4 bowel cancer, Dina has been living with cancer for 3 years, and is now treated in the new Cancer Centre.

Dina's amazing fundraising achievement of over £15,500 paid for the purchase of one of the two trees in the Winter Garden of the Cancer Centre along with a selection of beautiful plants. A ribbon cutting ceremony was held to celebrate the inspiring energy and positivity with which she has lived her life since.

Along with close friends and family, Dina's medical team at UCH were there to show their appreciation of Dina's achievement. UCLH Charitable Foundation is incredibly grateful to Dina for her support of the Cancer Centre Appeal.

Reception in the Cancer Centre

A small reception was held in the UCH Macmillan Cancer Centre in September to thank all of the major donors who generously supported the UCLH Charitable Foundation Cancer Centre Appeal.

Guests were treated to wine and canapés and speeches were given by Mr Christopher Moran, Chairman of UCLH Charitable Foundation and Dr Kirit Ardeshta, UCLH Clinical Lead for the Cancer Centre. Tours of the Cancer Centre were given to the guests by members of UCLH Cancer Centre staff.

UCLH Charitable Foundation would once again like to thank all of our donors. Your support and contributions towards the Cancer Centre Appeal will make a real and lasting difference to the lives of cancer patients and their families.

by Barry Duckett

In 1995 I was diagnosed with Chiari Malformation which is a malformation of the brain that causes obstruction of cerebrospinal fluid. Symptoms can include headaches, fatigue and impaired coordination. I'd had ongoing problems with my health and in 2008 I was told that these were caused by water retention. For months I was receiving treatment, but it didn't seem to be making me any better. Like most people I trusted my first diagnosis and went along with the appointments, check ups and procedures that I was told would make me better.

In 2010 I had an experience that changed my life forever. I went to the bathroom and was shocked and frightened by what I saw. I had an appointment at the National Hospital of Neurology and Neurosurgery and explained what had happened and the doctor referred me immediately to University College Hospital for further tests. Within days I received the life shattering news that I had cancer. I had been wrongly diagnosed with water retention and had received treatment for a condition I didn't have, losing precious months of treatment for the cancer that I did have.

My whole life stopped in a second, I was in a daze. Everything in my world froze. When I told my wife she thought I was making it up, we just couldn't believe that this could happen to me. My two sons were panic stricken. 'What are we going to do without you dad, you've been around my whole life' said one of them. I didn't have an answer for him.

My wife of 43 years did not know how to handle the news that we might not have longer together. The cancer was bladder cancer, carcinoma in situ grade 3, which is not easy to treat or contain.

Treatment at UCH started within weeks, I had various treatments and my body responded positively to BCG in my bladder. At first I was embarrassed at being examined intimately on a regular basis, having tests and things inserted into me – but the embarrassment soon wore off as I realised that this was saving my life.

Two years on I am still here and at the end of October 2012 I was told I was in remission, which is the best news that I have had in a long time.



Barry Duckett relaxing with his guitar

I still have what I call 'sad days', on these days I pick up my guitar and play and it brings me back to myself. The worry never goes away, but I try and stay positive and raise as much money as I can for cancer related causes. Through the Rotherhithe Festival, which is a community festival which I run every year, I have so far raised over £10,000 to go towards cancer causes, including over £4,000 for the UCLH Charitable Foundation Cancer Centre Appeal and over £1,400 for the Teenage Cancer Ward in the new Cancer Centre so that they could buy something that they wanted for the patients.

I am very involved in my local community in Rotherhithe, and have lost many of my dearest friends and family to cancer, including my mother, and the past two Mayors of Southwark. I see it as my responsibility to raise awareness about cancer, and to encourage people to get a second diagnosis. 'Push, push, push' for answers is what I tell them, because without your health there is nothing else.

The doctors at UCH have been absolutely amazing, they have literally saved my life, and I think the Cancer Centre is a fantastic facility which I use regularly in my frequent visits to the hospital.

As long as I can breathe and get out I will be fundraising, I'll still be campaigning when they put the lid on me.

'Strand Sculpture' by Stuart Haygarth

Upon entering the UCH Macmillan Cancer Centre, visitors are welcomed by a phenomenal sculpture hanging from the roof of the reception area. The "Strand" sculpture was created by designer Stuart Haygarth and made possible by a generous donation from the Michael and Morven Heller Charitable Foundation.

The starting point of "Strand" was a personal journey for Haygarth as he walked along the coast from Gravesend to Lands End. Along this 450 mile coastal walk he collected man made objects, which have been washed ashore by the sea. Patients and staff were also invited to contribute objects to the artwork. The objects collected form an archive representing fragments from people's lives.

The collected objects were all eventually categorized by colour, ranging through the colour spectrum from white to black and have been suspended on fine metal cables. A selection of categorised objects have also been photographed and now form part of a display on the first floor of the Cancer Centre.

Research shows that art interventions in healthcare environments have a number of positive therapeutic and medical outcomes for staff and patients including reducing levels of anxiety, stress and depression in patients; reducing the use of some medications; and improving communication between patients and healthcare professionals. There is specific evidence that shows the presence of art reduces the levels of cortisol in patients receiving



chemotherapy, making our art project especially meaningful for the new Cancer Centre.

Donors Morven and Michael Heller recognise the positive role that art can play in the quality of care for patients in hospitals. "Art helps alleviate the stress and anxiety that people suffer from in hospital. We are delighted to support the healing environment in the UCH Macmillan Cancer Centre."

Major Fundraising Projects

UCLH Charitable Foundation has several other major fundraising projects that we are currently seeking support for. Some of these projects are listed below:

Lungs for Living

UCLH Charitable Foundation is working with some of the world's most respected and experienced researchers and clinicians to develop an integrated lung cancer research facility at UCLH. This facility would encompass clinical trialists, translational clinical studies and bio-banking, experimental medicine bench work and basic science. The researchers will have the common goal of biological discovery and improving patient care.

We are looking to raise £5 million to fund the creation of this Lung Cancer Centre. This target would enable UCLH to fund a laboratory refurbishment to create a translational research centre, core staff that will run the day to day research and manage the laboratories, new equipment, and a new professorial appointment to work along side the research groups that will be based at the Centre.

Lung cancer is the commonest cause of cancer death worldwide, causing more deaths than the next four commonest cancers combined (i.e. breast, colorectal, prostate and pancreas cancers; Jemal et al, 2009). Patients with early stage lung disease can undergo curative surgery, but unfortunately the majority of patients (85%) present with incurable advanced disease.

Spending on lung cancer research is low in the UK. This has been recognized by major funding bodies, which are making efforts to improve lung cancer funding.

Lung cancer accounts for 22 per cent of all cancer deaths in Britain, but attracts only 3.9 per cent of research funding. The National Cancer Research Institute (NCRI) has recently called for greater translational research into lung cancer



and stated that its priority area of biological research is to understand how normal lung cells first become dysplastic and subsequently progress to cancer. National funding opportunities in lung cancer biology are now approaching and we believe that UCL/UCLH, as an established centre for both lung epithelial biology and cancer research, should be at the forefront of such applications.

We are therefore fundraising to enable UCLH's existing and expanding group of outstanding early-stage lung cancer biologists to develop into a world class centre for lung cancer research. Moving these researchers into a specific lung cancer/ epithelial regeneration research facility (they are currently spread across campus) will enable collection of tissue and sharing of clinical samples, joint use of facilities and fertilization of ideas/ joint large programme grant applications.

Here at UCLH we have some of the world's leading experts in lung cancer including Dr Sam Janes, Dr Jeremy George, Dr Adam Giangreco, Dr Neal Navani and Professor Charles Swanton.

A logo has been unveiled for this groundbreaking project and a website is under construction, this website will be an interactive source of information and advice for the public and clinicians, and will launch in 2013.

We believe this facility could be the most successful Lung Cancer Centre in Europe and would be grateful for support for this pioneering project.

Cancer Clinical Trials Unit GI Research Nurse

For the last few years UCLH Charitable Foundation has been funding 50% of the salary for a Cancer Clinical Trials Unit (CCTU) GI Research Nurse post. This has been extremely valuable in ensuring UCLH is able to offer patients with upper gastrointestinal (UGI) cancers such as pancreatic cancer the opportunity to participate in important clinical trials. This also enables UCLH to remain at the forefront of cancer research in UGI cancers.

During the last 12 months, this research support has enabled patients to be recruited to three important studies led by Dr Stephen Pereira, VERTPAC, PET PANC and TRANSBIL.

UCLH Charitable Foundation is seeking funding to ensure it can continue to support this vital research post.

Cardiology Clinical Trials Unit Research Nurse

UCLH Charitable Foundation is seeking support to help fund a Cardiology Research Nurse to work within the Cardiology Clinical Trials Unit at UCLH. The unit is currently looking for funding to enable patients to access a broader range of clinical trials. The Cardiology Research Nurse will work with various clinicians at the Heart Hospital who are engaged in clinical trials to increase patient recruitment and enable more trials to take place.

At the moment, the responsibility for recruiting patients is placed on the consultant. This means that not many patients get the opportunity to take part in trials as consultants are rarely able to spend time screening the whole patient population for candidates (as research nurses do) and they are not always able to spend the time talking to patients about the trial in detail, and giving support to them and their families. The addition of a research nurse is vital as it will enable many more patients to be recruited to trial thus progressing cardiology research and development.

Radiopharmacy Facility

We have been asked by the Department of Nuclear Medicine at University College Hospital to raise £1.25 million for a Radiopharmacy Facility that will run alongside the UK's only PET MR, which is located within the UCH Macmillan Cancer Centre, to aid diagnostic work. The funds raised for this project will be used for the refurbishment of laboratories and the purchasing of equipment.

Medical PET scanners rely on 'dyes' to detect disease. The nature of the 'dye' determines the type of disease that can be detected, and how reliable the diagnostic information is. Currently, our PET scans rely almost exclusively on a radioactive sugar 'dye' known as FDG, which is commercially available. Whilst this is very useful, it is still quite limited in the types of diseases that can be detected, as well as in its diagnostic precision.

The Radiopharmacy Facility will enable the production of other radioactive 'dyes', under Good Manufacturing Practice (GMP) conditions. This would allow UCLH to fully utilise the novel PET scanners within the Cancer Centre for detection of a wide range of diseases. It is expected that investment in GMP facilities will have a profound impact on clinical research and cancer treatment at UCLH. This will also raise the profile of clinical research at National and International level.

The Radiopharmacy Facility will also be a centre for research and for the training of students and residents in radiology and nuclear medicine.



PET MR Scanner in the new Cancer Centre

Other fundraising projects at UCLH Charitable Foundation

UCLH Charitable Foundation also fundraises for the Young Person's Unit (based in University College Hospital); research into Sarcoidosis (and equipment for the Sarcoid department); Obstetrics and the Paediatric Unit (based in University College Hospital).

If you interested in finding out more about any of the projects listed above please contact Shirley Featherstone or Kate Tanner on 020 3447 9558 or at shirley.featherstone@uclh.nhs.uk or kate.tanner@uclh.nhs.uk

Camilla Nurse to join Cancer Clinical Trials Unit

We are delighted to announce that the Al Fayed Charitable Foundation has very generously agreed to fund a paediatric oncology research nurse (via UCLH Charitable Foundation) for the next three years. This specialist nurse will be named the Camilla Nurse after the Al Fayed Charitable Foundation's lead Trustee, Camilla Fayed.

This funding will enable UCLH to open and fully participate in initially 10 new clinical trials involving children and young people with a range of differing cancers. The Camilla Nurse will be supporting patients and their families for the duration of the clinical trials and will be actively involved in the day-to-day conduct of the studies. The nurse first meets patients at diagnosis stage and remains a constant source of support and information during the experimental treatment phase of the trial and beyond. Camilla Fayed, Trustee of the Al Fayed Charitable Foundation, said "We believe that this nurse will make a real difference to children and their families coping with cancer, providing support and medical expertise when it is most needed. We are glad to be supporting UCLH's research, giving children and young people a better chance of survival."

Dr James Lyddiard, Head of Cancer Clinical Trials at UCLH said "We are extremely pleased to have funding for this new senior nursing role funded by the Al Fayed Charitable Foundation which recognises the cutting edge clinical research taking place at UCLH and the long term significance



that trials are proven to have for the survival of cancer patients. This nursing post will enable us to start new trials in novel treatments that would otherwise be unavailable to our younger patients."

Legacies make a difference

Leaving part of an estate in your will to support our projects enables the ground breaking work and research that is being done here at University College of London Hospitals to make substantial progress, making a huge difference to the way that patients are treated both now and in the future.

If you are interested in supporting us in this way, then please let your solicitor know that you wish to make provision in your will. Just ensure that you give the correct information.

This is: **UCLH Charitable Foundation, Registered Charity Number 1077638**. The address of the Charitable Foundation is: 3rd Floor East, 250 Euston Road, London NW1 2PG. If you intend to support this way then please contact Shirley Featherstone at Shirley.Featherstone@uclh.nhs.uk. A gift in memory is a wonderful way to say 'Thank you'.



DONATION FORM

Please support UCLH Charitable Foundation

Name _____

Address _____

Postcode _____ E-mail _____

I would like my donation to support;

- Lungs for Living
- Radiopharmacy Facility
- GI Cancer Clinical Trials Unit
- Paediatric Oncology Research Nurse
- Cardiology Clinical Trials Unit
- Research into Early Lung Cancer
- The Young Person's Unit at UCH
- The Cancer Centre
- Research into the treatment of Sarcoidosis
- The Obstetrics Fund

I enclose a donation of £ _____ (state amount)

Please make cheques payable to "UCLH Charitable Foundation"

To make a donation by credit or debit card please call 020 3447 9558

- I want my donation to be eligible for Gift Aid. I pay an amount of income tax or capital gains tax at least equal to the tax that the charity will reclaim on my donations in the tax year.

Signed _____ Date _____

Request for information (tick appropriate box)

- I would like information about making a regular donation
- I would like information about leaving a bequest in my Will
- I am not on your mailing list for UCLH Fundraising News but would like to receive it in future
- I would like information about payroll giving
- I would like to receive information about events

Please send your completed form to **UCLH Charitable Foundation, 3rd Floor East, 250 Euston Road, London, NW1 2PG.**

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